

Race Number	Surname	Name	Gender	Category	Lap1	Lap2	Lap3	Lap4	Lap5	Lap6	Lap1 Time	Lap2 Time	Lap3 Time	Lap4 Time	Lap5 Time	Lap6 Time
64	Korkie	Pieter	M	Week 1	08:50.7	17:47.5	26:53.4	35:58.1	45:13.0	54:22.0	08:50.7	08:56.8	09:05.9	09:04.7	09:14.9	09:09.0
51	Kotze	Daniel	M		08:49.5	17:48.6	26:53.4	36:00.1	45:14.7	54:29.2	08:49.5	08:59.1	09:04.8	09:06.8	09:14.6	09:14.5
26	Struwig	Ockert	M		08:51.3	17:58.5	27:26.8	37:05.3	46:34.8	56:09.5	08:51.3	09:07.2	09:28.3	09:38.5	09:29.6	09:34.7
77	Alberts	Gerhard	M	Week 1	08:49.3	17:58.1	27:23.6	37:04.7	46:46.6	56:41.0	08:49.3	09:08.8	09:25.5	09:41.1	09:41.9	09:54.4
57	Hattingh	Franjo	M	Week 1	09:05.0	18:27.5	27:59.4	37:36.5	47:19.4	57:09.0	09:05.0	09:22.5	09:31.9	09:37.1	09:42.9	09:49.6
68	Maarsingh	Dirk	M	Week 1	09:20.8	18:47.9	28:25.5	38:06.3	47:57.6	57:50.0	09:20.8	09:27.1	09:37.6	09:40.9	09:51.3	09:52.4
11	Blake	Craig	M		09:34.8	19:06.1	28:53.4	38:38.4	48:29.0	58:08.0	09:34.8	09:31.3	09:47.4	09:45.0	09:50.6	09:39.0
73	Boshoff	Gerhard	M	Week 1	09:13.2	18:52.3	28:50.9	38:41.5	48:50.1	58:58.7	09:13.2	09:39.1	09:58.5	09:50.6	10:08.7	10:08.5
80	Oberholzer	Arno	M		09:42.8	19:35.9	29:24.3	39:17.0	49:23.9	59:23.3	09:42.8	09:53.1	09:48.3	09:52.7	10:06.9	09:59.4
17	Bezuidenhout	Aldo	M		09:23.6	19:21.0	29:22.9	39:18.4	49:23.7	59:23.4	09:23.6	09:57.4	10:01.9	09:55.5	10:05.2	09:59.7
62	Bruyn	Vic	M	Week 1	09:39.0	19:34.7	29:24.9	39:47.4	50:02.3		09:39.0	09:55.7	09:50.2	10:22.5	10:14.9	
50	Wessels	Wouter	M		09:43.4	19:51.4	29:58.4	40:21.2	50:48.6		09:43.4	10:08.0	10:07.0	10:22.8	10:27.4	
82	Holtzhausen	Jean-Jacques	M	Week 1	09:44.8	19:49.5	29:59.3	40:20.2	50:48.7		09:44.8	10:04.7	10:09.8	10:21.0	10:28.5	
23	Stroebe	Morne	M		09:59.6	20:15.2	30:32.1	41:04.8	51:24.7		09:59.6	10:15.7	10:16.8	10:32.7	10:19.9	
9	Van Der Westhuizen	Paul	M		10:09.0	20:14.2	30:27.6	41:00.2	51:24.9		10:09.0	10:05.2	10:13.5	10:32.6	10:24.7	
83	Holtzhausen	Mauritz	M	Week 1	09:56.4	19:50.9	30:47.6	41:11.0	51:25.8		09:56.4	09:54.5	10:56.7	10:23.3	10:14.8	
67	Pretorius	Thys	M		10:08.8	20:24.4	30:45.9	41:28.8	52:01.7		10:08.8	10:15.7	10:21.5	10:42.8	10:32.9	
35	Piek	Liehan	M		09:52.5	20:21.4	30:46.8	41:27.7	52:02.7		09:52.5	10:28.9	10:25.4	10:40.8	10:35.1	
27	Field	Matt	M		10:54.0	20:59.5	31:30.6	42:06.1	52:43.4		10:54.0	10:05.5	10:31.1	10:35.5	10:37.3	
29	Booyesen	Werner	M		10:32.4	21:01.9	31:56.7	42:38.9	53:13.6		10:32.4	10:29.5	10:54.9	10:42.2	10:34.7	
94	Vermaas	Adri	M	Week 1	10:52.4	21:19.5	31:59.2	42:38.6	53:22.9		10:52.4	10:27.1	10:39.7	10:39.4	10:44.3	
32	Stander	Chaan	M		10:22.9	21:01.1	31:48.1	42:34.9	53:25.9		10:22.9	10:38.2	10:47.0	10:46.8	10:51.0	
20	Mellet	Lourens	M		10:21.8	21:01.8	32:01.0	42:55.1	53:48.7		10:21.8	10:40.0	10:59.2	10:54.1	10:53.6	
55	De Villiers	Anje-Me	F	Week 1	10:39.1	21:16.5	32:15.9	43:08.7	54:30.0		10:39.1	10:37.5	10:59.4	10:52.8	11:21.4	
31	Lategan	Luan	M		10:23.0	21:19.1	32:07.0	43:22.0	54:32.4		10:23.0	10:56.1	10:47.9	11:15.0	11:10.4	
84	Calitz	Jacques	M	Week 1	10:29.5	21:30.0	32:42.7	44:08.7	54:39.6		10:29.5	11:00.4	11:12.7	11:26.0	10:30.9	
59	Steyn	Marisca	F		10:19.8	21:00.3	31:47.7	43:12.6	55:00.2		10:19.8	10:40.5	10:47.4	11:24.9	11:47.7	
42	Du Plessis	Cornelius	M		09:59.9	20:25.7	31:07.3	43:32.4	55:21.1		09:59.9	10:25.8	10:41.6	12:25.1	11:48.6	
60	Mostert	Wiehan	M	Week 1	10:53.6	22:07.7	33:04.1	44:03.3	55:31.0		10:53.6	11:14.1	10:56.4	10:59.2	11:27.6	
8	La Grange	Dehan	M		10:52.4	21:42.9	32:55.2	44:27.4	55:54.5		10:52.4	10:50.5	11:12.3	11:32.3	11:27.1	
21	McLean	Diaan	M		11:00.0	22:11.4	33:33.8	44:53.0	55:59.6		11:00.0	11:11.4	11:22.4	11:19.2	11:06.6	
43	Koekemoer	Jean-Jacques	M		10:45.6	22:01.6	33:16.6	44:42.8	56:03.9		10:45.6	11:15.9	11:15.0	11:26.2	11:21.1	
100	Botha	Christoff	M	Week 1	11:31.1	22:27.2	33:45.6	45:20.8	56:22.3		11:31.1	10:56.1	11:18.3	11:35.2	11:01.6	
61	Mostert	Werner	M	Week 1	10:53.8	22:06.8	33:18.6	44:45.5	56:34.7		10:53.8	11:13.0	11:11.9	11:26.8	11:49.3	
97	Cloete	Zelda	F	Week 1	11:18.8	22:34.5	33:49.0	45:24.0	56:39.7		11:18.8	11:15.7	11:14.5	11:35.0	11:15.7	
92	Booth	Ryan	M		11:16.8	22:18.7	33:53.6	45:45.3	57:01.4		11:16.8	11:01.9	11:34.9	11:51.7	11:16.1	
78	Van der Merwe	Janco	M		11:16.4	22:17.8	33:54.3	45:48.5	57:04.6		11:16.4	11:01.4	11:36.5	11:54.2	11:16.1	
2	Pienaar	Andre	M		11:35.1	23:01.8	34:36.2	46:12.4	57:43.5		11:35.1	11:26.7	11:34.4	11:36.2	11:31.0	
72	Van Schalkwyk	JP	M	Week 1	11:34.1	22:41.4	34:09.9	45:52.7	57:45.0		11:34.1	11:07.3	11:28.5	11:42.9	11:52.3	
76	Van Zyl	Hanno	M		11:16.7	22:32.2	33:51.5	45:44.9	57:52.0		11:16.7	11:15.5	11:19.3	11:53.3	12:07.1	

96	Cloete	Marizel	F	Week 1	11:22.4	22:56.2	34:33.7	46:09.4	57:57.4			11:22.4	11:33.8	11:37.5	11:35.7	11:47.9
49	Van der Merwe	Werner	M		09:04.1	18:28.6	28:25.0	38:18.0	58:07.5			09:04.1	09:24.5	09:56.4	09:53.1	19:49.4
13	Los	Oene	M		11:37.9	23:13.5	34:44.6	46:30.3	58:31.8			11:37.9	11:35.6	11:31.0	11:45.7	12:01.5
25	van Wyk	Nikki	F		11:32.5	23:27.4	35:31.1	47:22.0	59:15.5			11:32.5	11:54.8	12:03.7	11:50.9	11:53.6
71	Fouche	Pieter	M	Week 1	11:57.4	23:20.7	35:09.6	47:10.8	59:19.3			11:57.4	11:23.3	11:48.9	12:01.2	12:08.5
36	Duvenage	Kobus	M		11:13.1	22:58.9	34:58.8	47:47.5	59:25.2			11:13.1	11:45.8	11:59.9	12:48.7	11:37.8
58	Hattingh	Kobus	M	Week 1	11:42.2	23:44.4	35:56.1	47:54.4	59:43.1			11:42.2	12:02.2	12:11.7	11:58.4	11:48.6
14	Smith	Strauss	M		12:22.0	23:21.4	34:43.8	46:01.8				12:22.0	10:59.5	11:22.3	11:18.0	
24	van Wyk	Neil	M		10:52.4	22:18.4	34:14.2	46:41.9				10:52.4	11:26.0	11:55.8	12:27.7	
46	Wilsnach	Zane	M		12:07.7	24:17.6	36:27.4	48:33.3				12:07.7	12:09.8	12:09.8	12:06.0	
93	Henn	Diwan	M		12:10.7	24:29.8	36:57.0	49:23.7				12:10.7	12:19.1	12:27.2	12:26.7	
91	Janse van Rensburg	Niclaas	M	Week 1	12:25.8	24:54.1	37:11.3	49:32.4				12:25.8	12:28.2	12:17.2	12:21.1	
6	Pullinger	Ronald	M		12:30.5	25:01.4	37:14.3	49:33.1				12:30.5	12:30.9	12:12.9	12:18.8	
90	Kruger	Dewald	M	Week 1	12:27.8	24:57.5	37:13.3	49:33.3				12:27.8	12:29.7	12:15.8	12:20.0	
1	Newby	Eric	M		11:50.2	24:07.6	37:09.1	50:06.6				11:50.2	12:17.4	13:01.4	12:57.5	
10	Claassen	Adian	M		12:36.2	25:17.0	37:48.0	50:15.8				12:36.2	12:40.8	12:31.1	12:27.7	
33	Green	Ria	F		12:41.3	25:17.8	38:01.3	50:17.1				12:41.3	12:36.6	12:43.5	12:15.8	
41	Peirce	Adam	M		13:10.5	25:44.3	38:08.7	51:00.1				13:10.5	12:33.8	12:24.3	12:51.5	
79	Van Straten	Tommie	M		12:23.5	25:45.3	38:20.6	51:15.3				12:23.5	13:21.8	12:35.3	12:54.7	
75	Coetsee	Charl	M		22:13.1	32:10.7	42:11.0	51:50.1				22:13.1	09:57.6	10:00.3	09:39.1	
5	Viljoen	Tersia	F		13:39.3	26:20.5	39:14.3	52:02.7				13:39.3	12:41.1	12:53.8	12:48.4	
38	Correia	Marco	M	Week 1	12:40.9	25:17.7	38:47.1	52:40.3				12:40.9	12:36.8	13:29.4	13:53.2	
95	Hattingh	Stefan	M		12:32.9	25:31.7	38:54.8	52:49.3				12:32.9	12:58.8	13:23.1	13:54.6	
18	Veldhuysen	Louis	M		13:09.9	25:43.8	40:00.4	52:49.7				13:09.9	12:33.9	14:16.6	12:49.2	
19	de Bruin	Corne	M		12:49.5	25:18.4	40:00.3	54:11.0				12:49.5	12:28.9	14:41.9	14:10.7	
34	Piek	Johann	M		13:48.2	28:48.9	41:42.8	54:55.5				13:48.2	15:00.7	12:53.9	13:12.7	
22	Pienaar	Eddie	M		15:01.5	28:24.8	41:27.0	55:08.6				15:01.5	13:23.3	13:02.1	13:41.6	
44	Van Niekerk	Stefan	M		13:18.4	27:04.5	41:17.2	55:34.2				13:18.4	13:46.1	14:12.7	14:17.0	
30	Booyesen	Emma	F		13:56.1	27:39.7	42:14.4	56:21.5				13:56.1	13:43.6	14:34.7	14:07.1	
63	Roberts	Eben	M	Week 1	10:38.3	21:46.8	33:25.3	56:25.1				10:38.3	11:08.6	11:38.5	22:59.8	
45	Van Niekerk	Francois	M		15:49.1	32:07.0	47:51.7	57:09.8				15:49.1	16:17.9	15:44.7	09:18.1	
28	Smith	Ruan	M		13:46.7	28:28.9	43:31.2	58:53.0				13:46.7	14:42.2	15:02.3	15:21.9	
98	Pretorius	DP	M	Week 1	13:36.0	28:25.3	44:10.8	59:06.2				13:36.0	14:49.3	15:45.5	14:55.3	
99	Van Tonder	Hannes	M	Week 1	13:34.3	28:25.5	44:10.8	59:07.2				13:34.3	14:51.2	15:45.3	14:56.4	
101	Pereira	Filipe	M	Week 1	16:26.8	34:53.5	53:45.5	59:56.5				16:26.8	18:26.7	18:52.0	06:11.0	
16	Venter	Marius	M		12:56.5	26:06.5	38:59.9					12:56.5	13:10.0	12:53.5		
12	Dewet	Jannie	M		13:25.8	26:51.3	40:50.4					13:25.8	13:25.5	13:59.1		
48	Bester	Joshua	M		20:48.5	31:51.4	42:55.3					20:48.5	11:02.9	11:03.8		
39	Correia	Tonie	M	Week 1	15:53.1	28:04.7	44:46.9					15:53.1	12:11.6	16:42.3		
40	Pierce	Ryan	M		14:28.5	29:06.7	45:00.6					14:28.5	14:38.2	15:53.8		
87	Rautenbach	Ryno	M		15:33.8	31:29.0	47:19.2					15:33.8	15:55.2	15:50.2		
86	Buys	Daniel	M	Week 1	13:42.7	32:14.7	47:31.2					13:42.7	18:32.0	15:16.5		

88	Birdsall	Jayce	M		15:37.1	31:28.7	47:39.1				15:37.1	15:51.6	16:10.4			
7	la Grange	Theo	M		15:17.0	32:07.4	49:03.0				15:17.0	16:50.4	16:55.6			
70	Boshoff	Keanan	M	Week 1	15:56.1	35:13.3	50:02.2				15:56.1	19:17.2	14:48.9			
65	Pretorius	Monique	F		16:21.2	33:59.3	52:36.5				16:21.2	17:38.1	18:37.3			
69	Boshoff	Brenden	M	Week 1	15:21.5	34:54.2	53:48.7				15:21.5	19:32.7	18:54.6			
52	De Villiers	Ter	M		21:18.7	31:43.2					21:18.7	10:24.4				
56	Coetzee	Tobie	M		21:36.1	32:38.0					21:36.1	11:01.9				
74	Boshoff	Gerhard	M	Week 1	16:25.1	36:24.1					16:25.1	19:59.0				
89	Garay	Salvi	M		16:26.5	38:20.0					16:26.5	21:53.6				
37	Correia	Juan	M	Week 1	15:51.1	44:45.5					15:51.1	28:54.4				
85	Buys	Danie	M	Week 1	15:02.0	47:34.3					15:02.0	32:32.3				
47	Jansen van Rensburg	Keegan	M		20:37.0	49:04.2					20:37.0	28:27.3				
54					21:09.0						21:09.0					
53	De Villiers	Lilamari	F	Week 1	21:19.5						21:19.5					
102	Garay	Gabriella	F		22:18.8						22:18.8					
81	Ahmed	Hishain	M		41:17.7						41:17.7					
103	Garay	Alonzo	M		42:27.7						42:27.7					