

Race Number	Title	Surname	Name	Gender	Category	Distance	StartingBlock	Time
11		Smit	Herman	M	Sergeant Major	12kmE	700	01:10:12.593
14		Knobel	Henri	M	Sergeant Major	12kmE	700	01:10:25.146
2		Lotter	Stefan	M	Sergeant Major	12kmE	700	01:16:13.449
7		Coetzee	Hendrik	M	Sergeant Major	12kmE	700	01:18:38.407
3		Heuer	Robbie	M	Sergeant Major	12kmE	700	01:21:52.634
10		Marais	Janus	M	Sergeant Major	12kmE	700	01:23:34.399
8		Fisiler	CE	M	Sergeant Major	12kmE	700	01:26:35.211
5		Van Pletzen	Glen	M	Sergeant Major	12kmE	700	01:27:36.772
6		Venter	Eduard	M	Sergeant Major	12kmE	700	01:27:40.194
9		Fourie	Petri	M	Sergeant Major	12kmE	700	01:35:26.085
13		Van der Westhuizen	Izak	M	Sergeant Major	12kmE	700	01:36:21.527
12		Colyn	Erick	M	Sergeant Major	12kmE	700	01:36:21.527
1		Lotter	Elzani	F	Sergeant Major	12kmE	700	01:36:22.198
15		Rourke	Johan	M	Sergeant Major	12kmE	700	01:36:23.063
17		Kotze	GD	M	Sergeant Major	12kmE	700	01:39:10.106
4		Smit	Schalk	M	Sergeant Major	12kmE	700	01:39:17.229
18		Keyser	Rulof	M	Sergeant Major	12kmE	700	01:39:29.085
19		Wille	Eduard	M	Sergeant Major	12kmE	700	01:39:31.505
16		Williams	Derick	M	Sergeant Major	12kmE	700	01:46:24.049
513		Cameron	Ross	M	Sergeant	12km	715	01:17:39.661
512		Grobler	Ivo	M	Sergeant	12km	715	01:26:46.482
503		Van Niekerk	Wilmar	M	Sergeant	12km	715	01:27:41.868
514		Van Deventer	Russel	M	Sergeant	12km	715	01:30:24.620
353		Burger	Riaan	M	Sergeant	12km	715	01:31:25.198
505		Potgieter	Theuns	M	Sergeant	12km	715	01:33:42.845
507		Pelser	Chris	M	Sergeant	12km	715	01:49:04.830
506		Immelman	Charl	M	Sergeant	12km	715	01:50:53.586
501		Malan	James	M	Sergeant	12km	715	01:58:51.620
502		Myburgh	Stefan	M	Sergeant	12km	715	01:58:54.106
508		Nel	Angelique	F	Sergeant	12km	715	02:27:36.754
510		Ferreira	Lynn	F	Sergeant	12km	715	02:27:40.689

511	Strydom	Scruff	M	Sergeant	12km	715	02:27:42.605
509	Ferreira	Theo	M	Sergeant	12km	715	02:27:43.910
372	Coetsee	Charl	M	Corporal	8km	730	00:56:24.320
371	Slabber	Gerhard	M	Corporal	8km	730	00:57:09.905
370	Slabber	Ruan	M	Corporal	8km	730	00:59:18.208
373	Wessels	Johan	M	Corporal	8km	730	01:02:23.134
352	Engelbrecht	Isabelle	F	Corporal	8km	730	01:03:51.074
384	Marais	Hanro	M	Corporal	8km	745	01:05:01.038
387	Van Loggerenberg	Jaco	M	Corporal	8km	745	01:05:09.288
367	Van den Berg	Este	F	Corporal	8km	730	01:06:34.391
366	Kotze	Izak	M	Corporal	8km	730	01:06:39.223
359	Jooste	Johan	M	Corporal	8km	730	01:06:49.470
358	Pretorius	Raymond	M	Corporal	8km	730	01:06:55.614
377	Immelman	Jaco	M	Corporal	8km	730	01:07:41.637
378	Luwes	Suzette	F	Corporal	8km	730	01:09:37.936
374	Mazzoncini	Orlando	M	Corporal	8km	745	01:10:11.394
354	Du Plessis	DJ	M	Corporal	8km	745	01:10:23.096
365	Pretorius	Liezle	F	Corporal	8km	745	01:12:08.307
375	Theron	Charlene	F	Corporal	8km	745	01:12:12.534
351	Vermaak	Sanya	F	Corporal	8km	745	01:12:13.891
414	Adendorff	Steven	M	Corporal	8km	730	01:12:20.974
399	Bester	Vian	M	Corporal	8km	745	01:12:48.640
400	Jardine	Marlo	M	Corporal	8km	745	01:12:49.930
380	Kock	Marine	F	Corporal	8km	745	01:18:55.497
413	Stander	Arno	M	Corporal	8km	745	01:20:43.121
412	Van Deventer	Thelma	F	Corporal	8km	745	01:20:48.047
388	Jansen v Rensburg	Liezl	F	Corporal	8km	730	01:22:11.030
402	Van Niekerk	Louwinda	F	Corporal	8km	730	01:24:29.980
401	Herbst	Annake	F	Corporal	8km	730	01:24:35.161
376	Immelman	Jannie	M	Corporal	8km	730	01:26:16.856
405	Van Loggerenberg	Jacobus	M	Corporal	8km	745	01:27:02.002
404	Bubb	Anelize	F	Corporal	8km	745	01:27:08.410

385	Van den Berg	Pieter	M	Corporal	8km	745	01:27:11.363
386	Barkhuizen	Renier	M	Corporal	8km	745	01:27:19.117
403	Van der Walt	Shani	F	Corporal	8km	730	01:27:47.987
382	Nel	Louis	M	Corporal	8km	745	01:28:20.662
381	Stroebel	Morne	M	Corporal	8km	745	01:28:24.020
406					8km	730	01:28:34.360
407	Hendriks	Marisan	F	Corporal	8km	730	01:29:08.503
368	Liebenberg	Lenre	F	Corporal	8km	730	01:29:53.139
369	Bowes	Chante	F	Corporal	8km	730	01:29:54.990
362	Buys	Leon	M	Corporal	8km	730	01:30:36.684
363	De Villiers	JP	M	Corporal	8km	730	01:30:40.229
390	Kaplen	Michael	M	Corporal	8km	730	01:33:34.499
360	Jooste	Judith	F	Corporal	8km	730	01:33:36.501
356	Breytenbach	Gerna	F	Corporal	8km	730	01:33:36.819
357	Breytenbach	Billy	M	Corporal	8km	730	01:33:36.819
410	Odendaal	Lucas	M	Corporal	8km	745	01:33:43.218
361	Roux	Kosie	M	Corporal	8km	730	01:33:45.598
411	Odendaal	Tarine	F	Corporal	8km	745	01:33:47.530
391	Veltman	Marijke	F	Corporal	8km	730	01:33:49.977
408	De Jager	Tiaan	M	Corporal	8km	745	01:33:50.844
409	Odendaal	Mariet	F	Corporal	8km	745	01:33:52.155
392	Kaplen	Tanya	F	Corporal	8km	730	01:33:53.270
389	Kaplen	Richard	M	Corporal	8km	730	01:33:53.270
397	Nel	Therese	F	Corporal	8km	745	01:34:57.515
398	Myburg	Karmare	F	Corporal	8km	745	01:35:00.951
379	Botha	Arijana	F	Corporal	8km	745	01:38:52.551
364	Terblanche	Retha	F	Corporal	8km	745	01:39:16.957
395	Prækelt	Marianne	F	Corporal	8km	745	01:39:26.170
396	Vermeulen	Nicolaas	M	Corporal	8km	745	01:39:26.749
393	Prækelt	Gunter	M	Corporal	8km	745	01:39:30.968
394	Taljaard	Johan	M	Corporal	8km	745	01:39:40.077
355	Olsen	Lee-Ann	F	Corporal	8km	730	02:28:33.905
383	Labuschagne	Maryke	F	Corporal	8km	730	DNF

245	Oberholster	Jana	F	Private	4km	800	00:41:17.180
244	Oberholster	Albertus	M	Private	4km	800	00:41:19.603
246	Bruwer	Melize	F	Private	4km	800	00:41:20.906
224	Fourie	Arne	F	Private	4km	800	00:41:40.019
225	Jordaan	Zelda	F	Private	4km	800	00:41:45.936
243	Du Toit	JJ	M	Private	4km	800	00:41:48.394
242	Du Toit	Elsje	F	Private	4km	800	00:41:49.829
223	Fourie	Xandri	F	Private	4km	800	00:41:57.095
227	Smit	Yolandi	F	Private	4km	800	00:41:59.416
221	Fourie	Andre	M	Private	4km	800	00:42:00.830
235	Oosthuizen	Natasha	F	Private	4km	800	00:42:04.104
233	Davel	Annerien	F	Private	4km	800	00:42:09.291
234	Davel	Hattingh	M	Private	4km	800	00:42:10.768
217	Van Rooyen	Lizaan	F	Private	4km	800	00:42:14.714
255	Coetzee	Kerith	M	Private	4km	800	00:42:58.429
220	Hewitt	Zenebe	F	Private	4km	800	00:43:58.616
257	McCarthy	Jamie	M	Private	4km	800	00:44:10.422
219	Jacobus	Marne	F	Private	4km	800	00:44:38.682
249	Van Rooyen	Maralize	F	Private	4km	800	00:45:28.803
247	Grobler	Charlotte	F	Private	4km	800	00:45:30.399
251	Wolvaardt	Chris	M	Private	4km	800	00:45:32.032
250	Van Rooyen	Charks	M	Private	4km	800	00:45:36.583
240	Beylefeld	Bevean	M	Private	4km	815	00:45:58.763
248	Campher	Dennis	M	Private	4km	800	00:46:00.231
239	Beylefeld	Ching-Yao	F	Private	4km	815	00:46:03.795
228	Maritz	Koby	M	Private	4km	815	00:46:34.310
202	Du Plessis	Izelle	F	Private	4km	800	00:46:48.197
201	Smith	Lizandia	F	Private	4km	800	00:46:53.222
203	Goldstone	Gary	M	Private	4km	800	00:46:54.844
205	Botha	Roy	M	Private	4km	800	00:47:33.294
215	Bosch	Willem	M	Private	4km	815	00:48:50.182
238	Marais	Geraldine	F	Private	4km	815	00:48:53.829

241	Hendriks	Jurgen	M	Private	4km	815	00:48:59.549
256	McCarthy	Desi	F	Private	4km	800	00:49:00.623
216	Prinsloo	Ria	F	Private	4km	815	00:49:59.862
230	Janse v Rensburg	Johane	F	Private	4km	815	00:50:05.117
231	Coetzee	Henrikus	M	Private	4km	815	00:51:17.897
232	Cronje	Johrine	F	Private	4km	815	00:51:20.389
209	Badenhorst	Willa	F	Private	4km	800	00:52:03.445
208	Badenhorst	Bianca	F	Private	4km	800	00:52:06.809
211	Bester	Jayden	M	Private	4km	800	00:53:26.372
229	Barnard	Christof	M	Private	4km	815	00:53:28.286
210	Badenhorst	Adriaan	M	Private	4km	800	00:53:29.360
237	Spangenberg	Tanya	F	Private	4km	815	00:54:09.475
212	Hattingh	Dewald	M	Private	4km	800	00:54:16.589
206	Botha	Reagan	M	Private	4km	800	00:56:09.339
204	Goldstone	Ethan	M	Private	4km	800	00:56:14.518
214	Slabber	Marelize	F	Private	4km	800	00:57:49.488
213	Slabber	Elize	F	Private	4km	800	00:57:58.555
222	Fourie	Francois	M	Private	4km	800	01:03:46.530
236	Jansen v Rensburg	Zanelle	F	Private	4km	800	01:03:49.650
254	Van Der Merwe	Shana	F	Private	4km	800	01:06:05.355
253	Van der Merwe	Charl	M	Private	4km	800	01:06:10.440
252	Dean	Jo	M	Private	4km	800	01:06:16.854
226	Esterhuizen	Lize-Mari	F	Private	4km	800	01:16:08.527
218	Burger	Lizzy	F	Private	4km	800	01:16:26.023
207	Du Plessis	Sunet	F	Private	4km	800	01:16:29.270

28							01:50:56.507
39							01:50:56.507
27							01:50:56.507
38							01:50:56.507
50							01:55:45.404
35							01:56:38.241
40							02:05:06.659

26	02:05:21.816
58	02:05:44.394
53	02:05:45.448
33	02:05:48.137
25	02:05:56.232
23	02:05:56.264
60	02:06:00.900
47	02:07:23.487
20	02:11:58.557
30	02:18:30.713
37	03:09:30.823
54	03:11:46.271